



2019 LEVEL 10 JO NATIONAL CHAMPIONSHIPS

Draw by Region for starting event for each age group

Provided by Annie Heffernon, USA Gymnastics Women's JO Program Director 12/12/18

SESSION 1: SATURDAY				8:00AM OPEN STRETCH, 8:30AM MARCH-IN			
JUNIOR A, FLIGHT ONE				SENIOR A, FLIGHT ONE			
<u>REGION 1</u> VAULT	<u>REGION 2</u> BARS	<u>REGION 3</u> BEAM	<u>REGION 4</u> FLOOR	<u>REGION 3</u> VAULT	<u>REGION 4</u> BARS	<u>REGION 1</u> BEAM	<u>REGION 2</u> FLOOR
JUNIOR A, FLIGHT TWO				SENIOR A, FLIGHT TWO			
<u>REGION 5</u> VAULT	<u>REGION 6</u> BARS	<u>REGION 7</u> BEAM	<u>REGION 8</u> FLOOR	<u>REGION 7</u> VAULT	<u>REGION 8</u> BARS	<u>REGION 5</u> BEAM	<u>REGION 6</u> FLOOR
SESSION 2: SATURDAY				12:45PM OPEN STRETCH, 1:15PM MARCH-IN			
JUNIOR B, FLIGHT ONE				SENIOR B, FLIGHT ONE			
<u>REGION 1</u> VAULT	<u>REGION 2</u> BARS	<u>REGION 3</u> BEAM	<u>REGION 4</u> FLOOR	<u>REGION 3</u> VAULT	<u>REGION 4</u> BARS	<u>REGION 1</u> BEAM	<u>REGION 2</u> FLOOR
JUNIOR B, FLIGHT TWO				SENIOR B, FLIGHT TWO			
<u>REGION 5</u> VAULT	<u>REGION 6</u> BARS	<u>REGION 7</u> BEAM	<u>REGION 8</u> FLOOR	<u>REGION 7</u> VAULT	<u>REGION 8</u> BARS	<u>REGION 5</u> BEAM	<u>REGION 6</u> FLOOR
SESSION 3: SATURDAY				5:30PM OPEN STRETCH, 6:00PM MARCH-IN			
JUNIOR C, FLIGHT ONE				SENIOR C, FLIGHT ONE			
<u>REGION 1</u> VAULT	<u>REGION 2</u> BARS	<u>REGION 3</u> BEAM	<u>REGION 4</u> FLOOR	<u>REGION 3</u> VAULT	<u>REGION 4</u> BARS	<u>REGION 1</u> BEAM	<u>REGION 2</u> FLOOR
JUNIOR C, FLIGHT TWO				SENIOR C, FLIGHT TWO			
<u>REGION 5</u> VAULT	<u>REGION 6</u> BARS	<u>REGION 7</u> BEAM	<u>REGION 8</u> FLOOR	<u>REGION 7</u> VAULT	<u>REGION 8</u> BARS	<u>REGION 5</u> BEAM	<u>REGION 6</u> FLOOR
SESSION 4: SUNDAY				8:00AM OPEN STRETCH, 8:30AM MARCH-IN			
JUNIOR D, FLIGHT ONE				SENIOR D, FLIGHT ONE			
<u>REGION 1</u> VAULT	<u>REGION 2</u> BARS	<u>REGION 3</u> BEAM	<u>REGION 4</u> FLOOR	<u>REGION 3</u> VAULT	<u>REGION 4</u> BARS	<u>REGION 1</u> BEAM	<u>REGION 2</u> FLOOR
JUNIOR D, FLIGHT TWO				SENIOR D, FLIGHT TWO			
<u>REGION 5</u> VAULT	<u>REGION 6</u> BARS	<u>REGION 7</u> BEAM	<u>REGION 8</u> FLOOR	<u>REGION 7</u> VAULT	<u>REGION 8</u> BARS	<u>REGION 5</u> BEAM	<u>REGION 6</u> FLOOR
SEE NEXT PAGE FOR SESSIONS 5 AND 6							

SESSION 5: SUNDAY				12:45PM OPEN STRETCH, 1:15PM MARCH-IN			
JUNIOR E, FLIGHT ONE				SENIOR E, FLIGHT ONE			
<u>REGION 1</u> VAULT	<u>REGION 2</u> BARS	<u>REGION 3</u> BEAM	<u>REGION 4</u> FLOOR	<u>REGION 3</u> VAULT	<u>REGION 4</u> BARS	<u>REGION 1</u> BEAM	<u>REGION 2</u> FLOOR
JUNIOR E, FLIGHT TWO				SENIOR E, FLIGHT TWO			
<u>REGION 5</u> VAULT	<u>REGION 6</u> BARS	<u>REGION 7</u> BEAM	<u>REGION 8</u> FLOOR	<u>REGION 7</u> VAULT	<u>REGION 8</u> BARS	<u>REGION 5</u> BEAM	<u>REGION 6</u> FLOOR
SESSION 6: SUNDAY				5:30PM OPEN STRETCH, 6:00PM MARCH-IN			
JUNIOR F, FLIGHT ONE				SENIOR F, FLIGHT ONE			
<u>REGION 1</u> VAULT	<u>REGION 2</u> BARS	<u>REGION 3</u> BEAM	<u>REGION 4</u> FLOOR	<u>REGION 3</u> VAULT	<u>REGION 4</u> BARS	<u>REGION 1</u> BEAM	<u>REGION 2</u> FLOOR
JUNIOR F, FLIGHT TWO				SENIOR F, FLIGHT TWO			
<u>REGION 5</u> VAULT	<u>REGION 6</u> BARS	<u>REGION 7</u> BEAM	<u>REGION 8</u> FLOOR	<u>REGION 7</u> VAULT	<u>REGION 8</u> BARS	<u>REGION 5</u> BEAM	<u>REGION 6</u> FLOOR