

## 2017 LEVEL 10 JO NATIONAL CHAMPIONSHIPS

by Region for starting event for each age group
Provided by Annie Heffernon, USA Gymnastics Women's JO Program Director 8/1/2016

SESSION 1: SATURDAY, MAY 6, 2017				8:00AM OPEN STRETCH, 8:30AM MARCH-IN					
JUNIOR A, FLIGHT	ONE			SENIOR A, FLIGHT ONE					
REGION 5	REGION 6	REGION 8	REGION 2	REGION 8	REGION 2	REGION 5	REGION 6		
VAULT	BARS	BEAM	FLOOR	VAULT	BARS	BEAM	FLOOR		
JUNIOR A, FLIGHT	TWO			SENIOR A, FLIGHT TWO					
REGION 1	REGION 7	REGION 4	REGION 3	REGION 4	REGION 3	REGION 1	REGION 7		
VAULT	BARS	BEAM	FL00R	VAULT	BARS	BEAM	FLOOR		
	SESSION 2: SAT	TURDAY, MAY 6,	2017	12:45PM OPEN STRETCH, 1:15PM MARCH-IN					
JUNIOR B, FLIGHT	ONE			SENIOR B, FLIGHT ONE					
REGION 8	REGION 2	REGION 5	REGION 6	REGION 5	REGION 6	REGION 8	REGION 2		
VAULT	BARS	BEAM	FL00R	VAULT	BARS	BEAM	FL00R		
JUNIOR B, FLIGHT TWO				SENIOR B, FLIGHT TWO					
REGION 4	REGION 3	REGION 1	REGION 7	REGION 1	REGION 7	REGION 4	REGION 3		
VAULT	BARS	BEAM	FL00R	VAULT	BARS	BEAM	FLOOR		
	SESSION 3: SA	TURDAY, MAY 6,	2017	5:30PM OPEN STRETCH, 6:00PM MARCH-IN					
JUNIOR C, FLIGHT ONE				SENIOR C, FLIGHT ONE					
REGION 2	REGION 5	REGION 6	REGION 8	REGION 6	REGION 8	REGION 2	REGION 5		
VAULT	BARS	BEAM	FLOOR	VAULT	BARS	BEAM	FLOOR		
JUNIOR C, FLIGHT TWO				SENIOR C, FLIGHT TWO					
REGION 3	REGION 1	REGION 7	REGION 4	REGION 7	REGION 4	REGION 3	REGION 1		
VAULT	BARS	BEAM	FLOOR	VAULT	BARS	BEAM	FL00R		
	SESSION 4: SU	JNDAY, MAY 7, 20	017	8:00AM OPEN STRETCH, 8:30AM MARCH-IN					
JUNIOR D, FLIGHT	ONE			SENIOR D, FLIGHT ONE					
REGION 6	REGION 8	REGION 2	REGION 5	REGION 2	REGION 5	REGION 6	REGION 8		
VAULT	BARS	BEAM	FLOOR	VAULT	BARS	BEAM	FLOOR		
JUNIOR D, FLIGHT TWO				SENIOR D, FLIGHT TWO					
REGION 7	REGION 4	REGION 3	REGION 1	REGION 3	REGION 1	REGION 7	REGION 4		
VAULT	BARS	BEAM	FLOOR	VAULT	BARS	BEAM	FLOOR		
SEE NEXT PAGE FOR SESSIONS 5 AND 6									

SESSION 5: SUNDAY, MAY 7, 2017				12:45PM OPEN STRETCH, 1:15PM MARCH-IN				
JUNIOR E, FLIGHT	ONE							
REGION 6	REGION 2	REGION 5	REGION 8	REGION 5	REGION 8	REGION 6	REGION 2	
VAULT	BARS	BEAM	FL00R	VAULT	BARS	BEAM	FLOOR	
JUNIOR E, FLIGHT TWO				SENIOR E, FLIGHT TWO				
REGION 1	REGION 4	REGION 7	REGION 3	REGION 7	REGION 3	REGION 1	REGION 4	
VAULT	BARS	BEAM	FLOOR	VAULT	BARS	BEAM	FLOOR	
	SESSION 6: SL	JNDAY, MAY 7, 20	017	5:30PM OPEN STRETCH, 6:00PM MARCH-IN				
JUNIOR F, FLIGHT ONE				SENIOR F, FLIGHT ONE				
REGION 6	REGION 8	REGION 2	REGION 5	REGION 2	REGION 5	REGION 6	REGION 8	
VAULT	BARS	BEAM	FLOOR	VAULT	BARS	BEAM	FLOOR	
JUNIOR F, FLIGHT TWO				SENIOR F, FLIGHT TWO				
REGION 7	REGION 1	REGION 3	REGION 4	REGION 3	REGION 4	REGION 7	REGION 1	
VAULT	BARS	BEAM	FLOOR	VAULT	BARS	BEAM	FLOOR	