

## 2018 JUNIOR OLYMPIC NATIONAL CHAMPIONSHIPS



SCHEDULE OF EVENTS  
 SITE: Duke Energy Convention Center (DECC), Cincinnati, OH  
 CONTACT: Annie Heffernon  
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 Hotel Reservations:  
[Click here for hotel reservations.](#)



Thursday, May 10, 2018			
4:00 PM	7:00 PM	GK Elite Apparel Distribution and NCAA Coach Check-In	DECC
4:00 PM	7:00 PM	Coaches' Sign-In and Meet Info Packet Pick Up	DECC
Friday, May 11, 2018			
8:00 AM	5:00 PM	GK Elite Apparel Distribution All Day	DECC
8:00 AM	10:30 AM	Region 5 & 6 Training	Competition Gym
10:30 AM	1:00 PM	Region 3 & 7 Training	Competition Gym
1:00 PM	3:30 PM	Region 1 & 2 Training	Competition Gym
3:30 PM	6:00 PM	Region 4 & 8 Training	Competition Gym
7:00 PM	9:30 PM	Welcome Party	TBA
Saturday, May 12, 2018			
SESSION I - JUNIOR A & SENIOR A			
7:45 AM	8:00 AM	Group pictures for Flight 2 Athletes	DECC
8:00 AM	8:25 AM	Open Stretch and Coaches Meeting	Competition Gym
8:30 AM	8:45 AM	March-In	Competition Gym
8:45 AM	9:00 AM	Warm-up First event for Flight 1 Athletes	Competition Gym
9:00 AM	12:30 PM	Competition	Competition Gym
		Group pictures for Flight 1 Athletes immediately following the conclusion of the last event.	
12:30 PM	1:30 PM	Awards	Awards Area
1:30 PM	1:35 PM	JO National Team Qualifiers Meeting (Jr. A & Sr. A)	Awards Area
SESSION II - JUNIOR B & SENIOR B			
12:30 PM	12:45 PM	Group pictures for Flight 2 Athletes	DECC
12:45 PM	1:10 PM	Open Stretch and Coaches Meeting	Competition Gym
1:15 PM	1:30 PM	March-In	Competition Gym
1:30 PM	1:45 PM	Warm-up First event for Flight 1 Athletes	Competition Gym
1:45 PM	5:15 PM	Competition	Competition Gym
		Group pictures for Flight 1 Athletes immediately following the conclusion of the last event.	
5:15 PM	6:15 PM	Awards	Awards Area
6:15 PM	6:20 PM	JO National Team Qualifiers Meeting (Jr. B & Sr. B)	Awards Area
SESSION III - JUNIOR C & SENIOR C			
5:15 PM	5:30 PM	Group pictures for Flight 2 Athletes	DECC
5:30 PM	5:55 PM	Open Stretch and Coaches Meeting	Competition Gym
6:00 PM	6:15 PM	March-In	Competition Gym
6:15 PM	6:30 PM	Warm-up First event for Flight 1 Athletes	Competition Gym
6:30 PM	10:00 PM	Competition	Competition Gym
		Group pictures for Flight 1 Athletes immediately following the conclusion of the last event.	
10:00 PM	11:00 PM	Awards	Awards Area
11:00 PM	11:05 PM	JO National Team Qualifiers Meeting (Jr. C & Sr. C)	Awards Area
Sunday, May 13, 2018			
SESSION IV - JUNIOR D & SENIOR D			
7:45 AM	8:00 AM	Group pictures for Flight 2 Athletes	DECC
8:00 AM	8:25 AM	Open Stretch and Coaches Meeting	Competition Gym
8:30 AM	8:45 AM	March-In	Competition Gym
8:45 AM	9:00 AM	Warm-up First event for Flight 1 Athletes	Competition Gym
9:00 AM	12:30 PM	Competition	Competition Gym
		Group pictures for Flight 1 Athletes immediately following the conclusion of the last event.	
12:30 PM	1:30 PM	Awards	Awards Area
1:30 PM	1:35 PM	JO National Team Qualifiers Meeting (Jr. D & Sr. D)	Awards Area

<b>SESSION V - JUNIOR E &amp; SENIOR E</b>			
12:30 PM	12:45 PM	Group pictures for Flight 2 Athletes	DECC
12:45 PM	1:10 PM	Open Stretch and Coaches Meeting	Competition Gym
1:15 PM	1:30 PM	March-In	Competition Gym
1:30 PM	1:45 PM	Warm-up First event for Flight 1 Athletes	Competition Gym
1:45 PM	5:15 PM	Competition	Competition Gym
		Group pictures for Flight 1 Athletes immediately following the conclusion of the last event.	
5:15 PM	6:15 PM	Awards	Awards Area
6:15 PM	6:20 PM	JO National Team Qualifiers Meeting (Jr. E & Sr. E)	Awards Area
<b>SESSION VI - JUNIOR F &amp; SENIOR F</b>			
5:15 PM	5:30 PM	Group pictures for Flight 2 Athletes	DECC
5:30 PM	5:55 PM	Open Stretch and Coaches Meeting	Competition Gym
6:00 PM	6:15 PM	March-In	Competition Gym
6:15 PM	6:30 PM	Warm-up First event for Flight 1 Athletes	Competition Gym
6:30 PM	10:00 PM	Competition	Competition Gym
		Group pictures for Flight 1 Athletes immediately following the conclusion of the last event.	
10:00 PM	11:00 PM	Awards	Awards Area
11:00 PM	11:05 PM	JO National Team Qualifiers Meeting (Jr. F & Sr. F)	Awards Area